

Learning Objective: To identify basic needs essential for healthy growth.

Success criteria:

I can discuss the different needs of myself and others.

I can recognise that needs vary among different living beings.

I can explain the importance of money in meeting people's needs.

Start by showing your child a picture of a newborn child.



Ask them what this baby **needs** to survive and/or thrive?

Then ask (answers in red):

Why do adults need to look after babies? **(They cannot look after themselves and rely on adults to keep them alive.)**

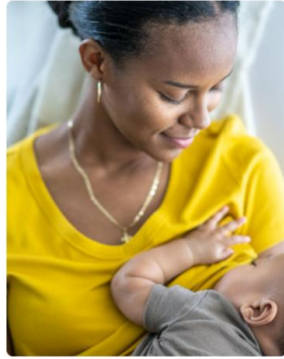
What do adults need to provide for babies so that they can survive and grow? **(Food/milk; warmth; shelter; a cot; love; care; attention.)**

What kinds of things do adults need to do to take care of babies?

**(Answers might include: changing nappies; changing clothes; washing; bathing; feeding; cuddling; attending to them when they cry.)**

Answers:

A newborn baby needs:



A newborn baby needs to drink milk to get the right nutrition and energy to grow and stay healthy.



Newborn babies need to be kept clean and have regular nappy changes to stay healthy and prevent infections.



A baby needs access to medical care to ensure they are growing healthily.



Babies need love, care and comfort, such as holding and cuddling.

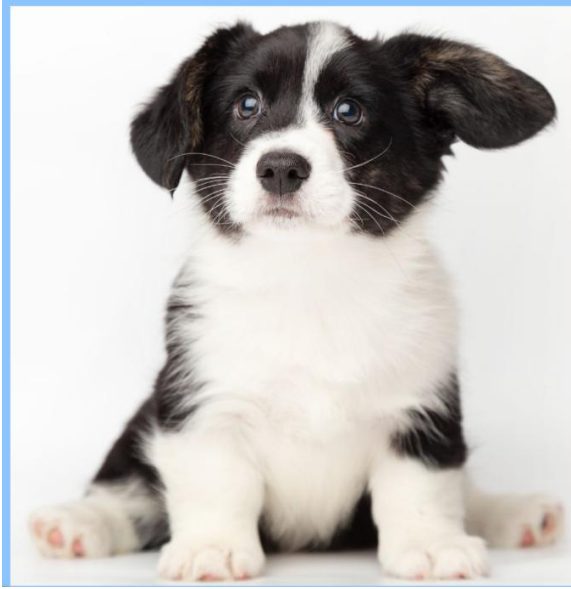


A baby needs clothes and blankets to keep warm.



A baby needs somewhere to live that provides shelter, safety and warmth.

What does a puppy need?



food

love

water

veterinary care

shelter and  
warmth

grooming

exercise

safety

Watch this clip

[Spending versus saving, and needs versus wants - BBC Teach](#)

Explain the meaning of need to your child:

'Needs' are the essentials people need for growth, health and overall well-being.

## These are different human needs:

### Clothes



Wearing clothes suitable for the weather keeps us comfortable and protects us from getting too hot or too cold.

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### Healthcare



Visiting the doctor helps us stay healthy and get better when we're sick.

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### Love and emotional support



Hugs, kind words and support from our family make us feel loved and safe.

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## Shelter



A safe and secure place provides protection and safety.

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## Food



Humans need a balanced diet with vitamins, minerals and nutrients for energy and health.

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## Water



Drinking lots of clean water keeps us hydrated and helps our body work properly.

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## Sleep



Getting enough sleep at night helps us get better if we are ill, feel good and ensures we are ready for a new day.

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## Education



Going to school helps people learn new things, make friends and prepares them for the future.

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### Task:

Children should order the needs they have learnt about in order from most important to least important and give reasons as to why they have ordered them in this way. There is no right or wrong answer.

### **Needs to order:**

Clothes	Healthcare	Love and Emotional Support	Shelter
Food	Water	Sleep	Education